

Community Matters

LLUH Covid Cares: Some Good News from the frontlines

By the Numbers

Community Covid Response Impacts since March 23rd



LOMA LINDA UNIVERSITY
HEALTH

Institute for Community Partnerships

Covid-19 Community Response: CAPS, LLU Aid, & Community Health Workers



711 Grocery Boxes
200 Fresh Produce Boxes

Delivered to families
experiencing food
insecurity



9 Community Health
Workers
500 Calls/week

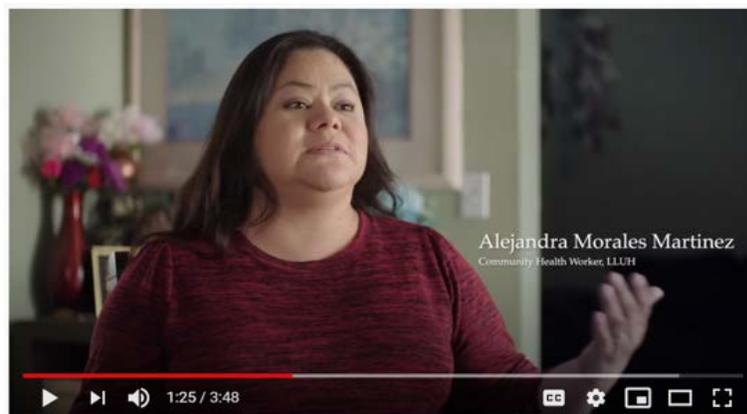
Average calls per/week
to help community
members connect to
critical resources

Inspirational Stories

For Community Health Worker Alejandra Morales Martinez, her work with patients is not a service, it is a partnership: **“This is going to be together, hand to hand”** Alejandra says, and her patients feel that mission and connection when Alejandra calls to do her outreach. The work of CHW’s is often at the frontlines of extending the safety net deeper into unreached areas of the community. In the last few weeks, Alejandra has gone above and beyond the call of service to help patients when she successfully assisted a patient in getting a much-needed glucose monitor and supported an uninsured patient with cancer to find a pathway to access treatment.

When Covid-19 began to impact whether patients could come to the Diabetes Treatment Center (DTC), Alejandra did what she does best: she adapted, learned Zoom by on her own, created a tutorial in Spanish because none existed so her Spanish-speaking patients would be able to use Zoom, and she shifted the classes and outreach to DTC patients to Zoom meetings and phone calls. **“We adjust and**

Working Together with Patients



Click to learn more about what CHW’s like Alejandra in the LLUH Films Clip: https://youtu.be/f7NRQUWv2_0

we work with what we have,” Alejandra told us, “I’m proud of them, not just their attendance, but the weight loss is good, they are doing it.” Approximately 17 adults are enrolled in the DTC’s Diabetes Prevention Program (DPP), based on the CDC’s year-long program that helps adults make lifestyle changes as an early intervention to improve lifestyle and behaviors and reduce long-term risk. **The group has reported 102 pounds of weight loss and are up to an average of 151 minutes of physical activity a week per participant (by Week 8), up from 96 min at Week 4.** Alejandra’s work as a CHW is now includes Zoom calls with patients she would normally conduct home visits with in order to screen for social determinants of health and assist patients in addressing their needs through peer mentoring, and referrals and linkages to social supports. For Alejandra, she is adapting her community-based outreach and engagement skills to a virtual environment to ensure no patients are left behind during Covid-19.



Pipeline to Higher Education – Summer Options Online for underserved youth during Covid-19

The Community-Academic Partners in Service (CAPS) office hosts the Discovery program for a few weeks in July (formerly known as “Summer Gateway”) to provide underserved, minority youth with the opportunity to learn about LLUH’s academic programs, the health care professions, and workshops that help students prepare for college. This year, with Covid-19 impacting

onsite immersion experiences, Discovery program is going online via Zoom! **Calling all professionals! If you want to be a speaker and share your profession with inspiring youth,** contact **Oscar Siquem Bustillos**, CAPS Program Coordinator at obustillos@llu.edu.

If you know a family or youth in the community, students can apply for this summer immersion experience, this year online via Zoom: <https://caps.llu.edu/community-programs/discovery-program-inspiring-health-professionals-tomorrow>



Community Testing Events

In efforts to provide more testing opportunities for San Bernardino County residents, community testing events are being held throughout the county. At these testing events, samples are collected by health professionals by inserting a swab up the nostril or into the mouth to the throat. These samples are then sent to a laboratory for COVID-19 testing. All persons must meet criteria to be tested. Events are free of charge and do not require health insurance.

Additional events and event details will be announced as they are confirmed. Please remember, if you are showing symptoms of COVID-19, you can still call your doctor and they can determine if you need testing.

Covid-19 Tests in the Community

For more information on San Bernardino County’s Testing Events, visit the County’s Website at:

<http://sbcovid19.com/community-drive-through-events/>

Relevant & Responsive to our Community