

Community Matters

LLUH Covid Cares: Some Good News from the frontlines

The Pipeline to Higher Education

The Month of July 2020



LOMA LINDA UNIVERSITY
HEALTH

Institute for Community Partnerships

Did you know ... Loma Linda University Health assists in implementing the hospital's community benefit investments to create a "Pipeline to Higher Education" for our region's youth as a workforce & education development strategy to reduce poverty?

LLUH & Community Partners: Pipeline to Higher Education for at-promise & under-estimated youth*



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LLUH's hospitals invest in the CAPS Programs to introduce local **middle school & high school youth** to college careers via health career pathways through multiple programs including tutoring and scholarship programs.

With our partner, LLUH invested in scholarships for 20 students from San Bernardino to receive bridge scholarships to **undergraduate education** with support & mentorship to ensure their first year of college is successful.

With our partner, LLUH invested in sponsorships for early-career interns, local college seniors, to assist them in building work experience and to increase access to **graduate education.**

LLUH provides "Community Benefit Scholarships" to students from local communities who attend LLU (Currently Nursing & Public Health) for **health career access.**

LLUH is investing in our region's youth

*Why **at-promise & under-estimated** Youth?

Language is powerful: when we only describe minority youth who come from poorer communities of color as "at-risk," we contribute to a collective mindset that is deficit-based and assumes youth lack the drive to find a way out of poverty. It can create expectations of failure. For many youth, it is not personal failing or lack of character that contributes to their lack of educational attainment, it is the significant social determinant barriers that obstruct their road to becoming an adult. Additionally, many youth in our community may not know the way to college, or health care careers, and do not have someone in their family or friends to help them find the way to higher education and overcome some of the financial barriers to get there. **At LLUH, we believe the young people who experience barriers are promising and all too frequently under-estimated: they are this region's Youth of Promise.**

Discovery Program Goes Virtual!

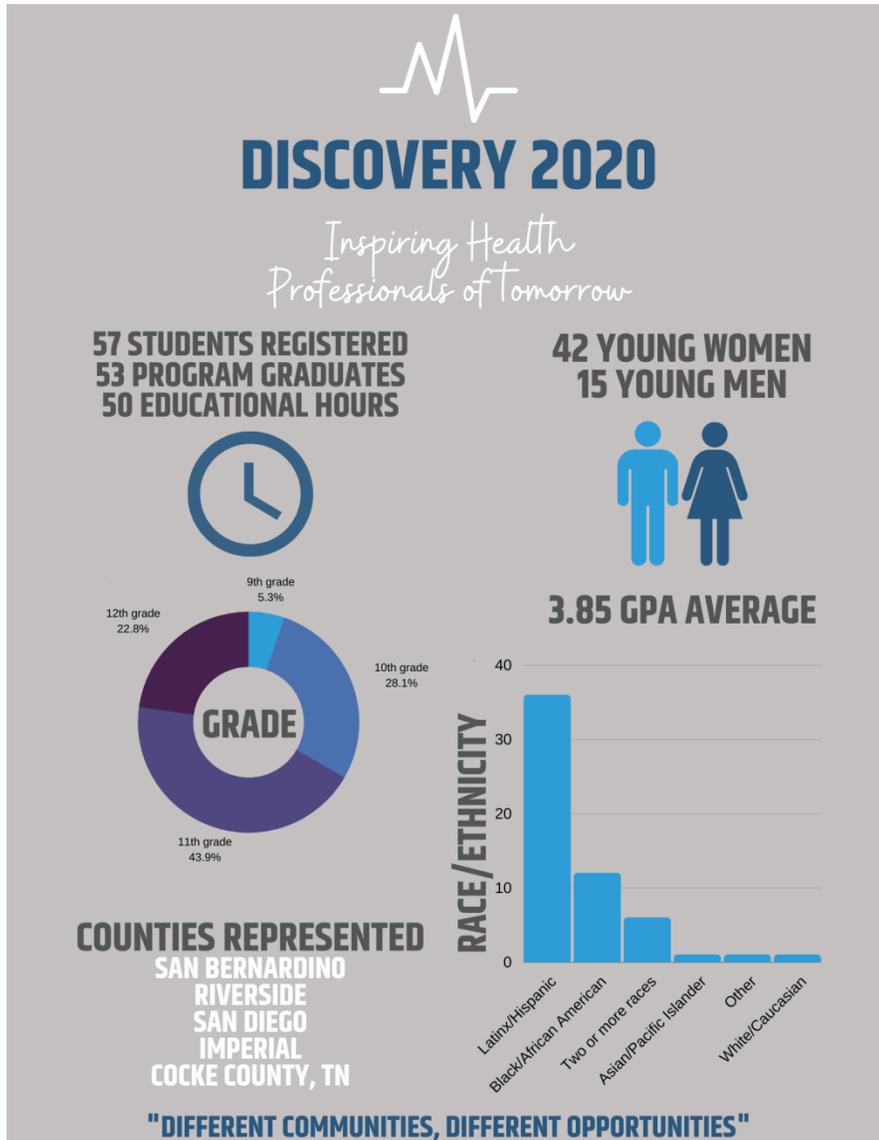
The program formerly known as Summer Gateway not only got a new name this summer, it also went virtual for the first time in its 15 year history! For two weeks, 53 high school students attended Zoom sessions



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with CAPS team **Karla Estudillo-Fuentes** and **Siquem Bustillos**, along with over 20 presenters from across LLUH to extend knowledge about the many careers in health care and pathways to those professions. LLU Students & Staff from across the institution made presentations: Physicians, nurses, therapists of all kinds, graduate students, and faculty presented on careers and specialties, provided professional development training, and students received information on college application and financial aid, something many of our local youth do not have access to during critical years of finishing high school.

All of the participants are invited to join the ICP Alumni network where they will receive continued support and access to resources. Three of the graduating senior students were selected for \$3,000 community benefit tuition scholarships from LLUH's hospitals to encourage and support their bridge to a college education.



Thoughts from Local Discovery Participants ...

"I feel like now I know more of how to get into medical field – I sort-of had an idea before but I wasn't sure and I didn't have family members in the medical field. I didn't have anybody to talk to. I enjoyed how you brought in the current LLU students and we could talk to them."

"This program made me want to work harder to study and get into graduate school."

"This program brought all the health professions, particularly pharmacy, nursing, and physical therapy together and it gave me a lot of knowledge on what I can do. Everyone who does these jobs are regular human beings like us: **though it is hard, it is possible.**"

Jardín de la Salud Takin' Root!

LLUH's partnership with *Huerta del Valle* in San Bernardino is now in full bloom. Discovery students (pictured) volunteered at the "*Jardín de la Salud*" where over fifteen families have begun preparing and planting in their family plots!



As the summer heat continues these families have dedicated themselves to building community, exercising, and improving their health at the community garden site where Phase 1 is full with 15 families, and phase 2 plots (about 25) are now open for additional families. Local community members have taken on leadership roles and alongside our team we know they'll be harvesting produce and community health in no time!

How to support *Jardín de la Salud*:

- Volunteer with us! We're open 6 days a week, e-mail kfuentes@llu.edu to learn more.
- Call for support below for the community-led mural design and painting!
- Needs: Rototiller and hoses.

A colorful poster for "Art in the Garden" with a yellow background and green borders. It features illustrations of carrots and raspberries. The text reads: "Art in the Garden Call for Support Support local artists create the mural below for San Bernardino's community garden. SEPTEMBER 5th, 2020 Your contributions will help cover the costs of materials, compensation for artists, & will also support future work in the garden. DONATE TODAY bit.ly/muralgarden". At the bottom, it lists logos for Huerta del Valle, Loma Linda University Health, and University of Redlands School of Education.

Art in the Garden
Call for Support
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Logos: Huerta del Valle, LOMA LINDA UNIVERSITY HEALTH, UNIVERSITY OF Redlands SCHOOL OF EDUCATION

In honor of the late John Lewis:

"Ours is not the struggle of one day, one week, or one year. Ours is not the struggle of one judicial appointment or presidential term. Ours is the struggle of a lifetime, or maybe even many lifetimes, and each one of us in every generation must do our part."

From: *Across that Bridge: A Vision for Change and the Future of America*



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For more information, please visit the ICP
website: <https://icp.llu.edu/>

Email us at: icp@llu.edu

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